

Mat Rotation dates for Core Strength Pilates 2019

Places are limited so book now

Dates for Classes 2019	Week starting	Number of Weeks
1	January 14th	6 weeks except Wednesday 5 weeks
2	February 25th	6 weeks except Monday 5 weeks
3	April 8th	6 weeks except Monday and Friday both 5 weeks
4	May 20th	6 weeks except Monday 5 weeks
5	July 1st	6 weeks
6	August 12th	6 weeks
7	September 23rd	6 weeks except Monday 5 weeks
8	November 4th	7 weeks