

Mat Rotation dates for Core Strength Pilates 2018

Places are limited so book now

Dates for Classes 2018	Week starting	Number of Weeks
1	January 15th	6 weeks except Tuesday 5 weeks
2	February 26th	6 weeks except Monday 4 weeks and Friday 5 weeks
3	April 9th	6 weeks except Wednesday 5 weeks
4	May 21st	6 weeks except Monday 5 weeks
5	July 2nd	6 weeks
6	August 13th	6 weeks
7	September 24th	6 weeks except Monday 5 weeks
8	November 5th	7 weeks